

Shivārādhnam

The Companion Booklet

॥ श्रीः ॥

Compiled and edited under the guidance of
Śrī Svāmī Vāgīśānanda Sarasvatī

Track two: Vighneśvara Mantraḥ

om śuklāmbaradharam viṣṇum śaśivarṇam caturbhujam
prasannavdanam dhyāyet sarvavighnopaśāntaye om

ॐ शुक्लांबरधरं विष्णुं शशिवर्ण चतुर्भुजम्
प्रसन्नवदनं ध्यायेत् सर्वविघ्नोपशान्तये ॐ

Tracks five & six: Om Namaḥ Śivāya Mantraḥ

om namaḥ śivāya

ॐ नमः शिवाय ।

Track seven: 108 Names of Śiva

om atha śivanāmāvaliḥ

॥ ॐ अथ शिवनामावलिः ॥

1) You are limitless-fullness born of non-dual self-knowledge.

om śivāya namaḥ

ॐ शिवाय नमः ।

2) You are the limitless God of all gods; King of kings.

om maheśvarāya namaḥ

ॐ महेश्वराय नमः ।

3) You are the auspicious cause-less-cause
of the whole universe.

om śambhave namaḥ

ॐ शंभवे नमः ।

4) You are the bow-man, protector of *dharma* who
protects the ones who live ethically. And you
are the laws that give pain to the ones who don't.

om pinākine namaḥ

ॐ पिनाकिने नमः ।

5) You wear the moon and all
satellites as a majestic crown.

om śaśīśekharāya namaḥ

ॐ शशिशेखराय नमः ।

6) You are the most handsome self-effulgent
Lord of the Sacred Feminine.

om vāmadevāya namaḥ

ॐ वामदेवाय नमः ।

7) All eyes are your eyes. Your attention is resting
effortlessly in the eye of non-dual one-ness.

om virūpākṣāya namaḥ

ॐ विरूपाक्षाय नमः ।

8) Your massive dreadlocks cover all space-time.

om kapardine namaḥ

ॐ कपदिने नमः ।

9) Your color is all colors of earth and sky.
You are the auspicious indigo.

om nīlaloḥitāya namaḥ

ॐ नीललोहिताय नमः ।

10) You are the most compassionate giver of grace-knowledge and freedom from suffering. You are the walking springtime of auspiciousness.

om śaṅkarāya namaḥ

ॐ शङ्कराय नमः ।

11) You are all-gentleness, gracefully wielding the scepter of infinite power in your hand.

om śūlapāṇaye namaḥ

ॐ शूलपाणये नमः ।

12) You wear death and destruction as your ornament for you are timeless-indestructible.

om khaṭvāṅgine namaḥ

ॐ खट्वाङ्गिने नमः ।

13) You unconditionally love and honor all Sacred Feminine; your own body's left half.

om viṣṇuvallabhāya namaḥ

ॐ विष्णुवल्लभाय नमः ।

14) You are the colorless light of lights, appearing in infinite rainbows.

om śipiviṣṭāya namaḥ

ॐ शिपिविष्टाय नमः ।

15) You are the infinite-infallible father of fathers; united in sacred oneness with the mother of mothers.

om ambikānāthāya namaḥ

ॐ अम्बिकानाथाय नमः ।

16) Your majestic neck shines, uniting head and heart in perfect consonance.

om śrikanṭhāya namaḥ

ॐ श्रीकण्ठाय नमः

17) You are the most compassionate protective mother to all of us who take refuge at your lotus feet.

om bhaktavatsalāya namaḥ

ॐ भक्तवत्सलाय नमः ।

18) Being one non-dual uncaused-cause, you are the source and origin of infinite beings.

om bhavāya namaḥ

ॐ भवाय नमः ।

19) You are all death and destruction who blesses us with knowledge of I-indestructible-being.

om̐ śarvāya namaḥ

ॐ शर्वाय नमः ।

20) You are 'I-this' experience immediately known in all experiences; waking, dream, deep sleep.

om̐ trilokeśāya namaḥ

ॐ त्रिलोकेशाय नमः ।

21) Your neck and throat, relaxed and open; not choked by any form of denial of even the deepest pain.
All pain is you, and you're not pained.

om̐ śitikaṇṭhāya namaḥ

ॐ शितिकण्ठाय नमः ।

22) You unconditionally love your profoundly-sacred feminine-being.

om̐ śivāpriyāya namaḥ

ॐ शिवाप्रियाय नमः ।

23) You create fear in those who resist any fact they cannot change. You are the 'now' time of death; 'now' death of time.

om̐ ugrāya namaḥ

ॐ उग्राय नमः ।

24) You carry human skull as begging-bowl; you, deathless being so unafraid of death. Protection in my every breath is Thee.

om̐ kapāline namaḥ

ॐ कपालिने नमः ।

25) You are the neutralizer of reaction and compulsive behavior by destroying my ignorance and denial.
When all this is 'I', where pray tell can possessiveness lie?

om̐ kāmāraye namaḥ

ॐ कामारये नमः ।

26) You dispel the great daemon-darkness of ignorance through the sacred light of self-knowledge.

om̐ andhakāsurasūdanāya namaḥ

ॐ अन्धकासुरसूदनाय नमः ।

27) You receive the Goddess *Gaṅgā*; flowing grace and knowledge in your hair.

om gaṅgādhārāya namaḥ

ॐ गङ्गाधराय नमः ।

28) You see all through opened eye of non-dual vision in your forehead.

om lalāṭākṣāya namaḥ

ॐ ललाटाक्षाय नमः ।

29) You are the timeless basis of time. You remove the concept of death in your devotees.

om kālakālāya namaḥ

ॐ कालकालाय नमः ।

30) You are the source and priceless treasure of complete unconditional acceptance and validation.

om kṛpānidhaye namaḥ

ॐ कृपानिधये नमः ।

31) You are manifest as all frightening forms and bless us with fearlessness when we surrender our fears to you.

Oh fear, I'm not afraid of you!

om bhīmāya namaḥ

ॐ भीमाय नमः ।

32) You are infallible justice, protector of those who follow universal values. And you chastise those who go against them.

om paraśuhastāya namaḥ

ॐ परशुहस्ताय नमः ।

33) You support all wild beasts in yourself without resistance; ever-gentle all-protection-being.

om mṛgapāṇaye namaḥ

ॐ मृगपाणये नमः ।

34) You are the sacred aboriginal man dancing wild; one with Mother Nature, your dreadlocks flying.

om jaṭādhārāya namaḥ

ॐ जटाधराय नमः ।

35) You meditate on yourself, so cool in mountain peak.
You are the peaceful center of the universe.

om̐ kailāsavāsine namaḥ

ॐ कैलासवासिने नमः ।

36) You wear the armor of non-dual self-knowledge where there is
no fear, for there is nothing to protect yourself from.
You bless us with this same knowledge.

om̐ kavacine namaḥ

ॐ कवचिने नमः ।

37) You are changeless; the-secure nourishment-being.
You fill us with ultimate nourishment and security.

om̐ kaṭhorāya namaḥ

ॐ कठोराय नमः ।

38) You are self-knowledge that destroys the notion of
duality in every seer-seen-thought in every experience.

om̐ tripurāntakāya namaḥ

ॐ त्रिपुरान्तकाय नमः ।

39) Wilder than the wildest bull you effortlessly ride:
Umā, glorious Goddess as your left side.

om̐ vṛṣānkāya namaḥ

ॐ वृषाङ्काय नमः ।

40) You are the master of all minds and senses
through reverence and non-resistance.

om̐ vṛṣabhārūdhāya namaḥ

ॐ वृषभारूढाय नमः ।

41) Purity-knowledge-ashes cover your form
(all forms) from head to foot.

om̐ bhasmoddhūlitavigrahāya namaḥ

ॐ भस्मोद्धूलितविग्रहाय नमः ।

42) You revel in yourself listening to *Vedic*
hymns (revealing one-ness).

om̐ sāmapiyāya namaḥ

ॐ सामप्रियाय नमः ।

43) From your silence-being, all sounds appear.

om̐ svaramayāya namaḥ

ॐ स्वरमयाय नमः ।

44) You manifest as the phenomena of birth, sustenance and death.

om trayīmūrtaye namaḥ

ॐ त्रयीमूर्तये नमः ।

45) You are the infinite ruler who has no ruler above him.

om anīśvarāya namaḥ

ॐ अनीश्वराय नमः ।

46) You are the knower-known-knowledge of all beings, at all times, at all places.

om sarvajñāya namaḥ

ॐ सर्वज्ञाय नमः ।

47) You are the nature of 'I' as limit-less being-ness; free from limitations of time, space and objectivity.

om paramātmane namaḥ

ॐ परमात्मने नमः ।

48) Your three eyes are the sun, the moon and non-dual-knowledge-fire.

om somasūryāgnilocanāya namaḥ

ॐ सोमसूयाग्निलोचनाय नमः ।

49) You are the spirit of sacrifice in all rituals. And you are the offering, too.

om haviṣe namaḥ

ॐ हविषे नमः ।

50) You are the spirit-attitude which is born of understanding that all words and actions are worship of your infinite, intelligent being.

om yajñamyāya namaḥ

ॐ यज्ञमयाय नमः ।

51) You are ever-sacredly united with Goddess *Umā*.

om somāya namaḥ

ॐ सोमाय नमः ।

52) Your five faces are the five elements; space, air, fire, water, earth.

om pañcavaktrāya namaḥ

ॐ पञ्चवक्राय नमः ।

53) Ever-abiding in knowledge of your nature; you are existence-awareness-limitless

om sadāśivāya namaḥ

ॐ सदाशिवाय नमः ।

54) You exist as amoebas to blue whales;
as the quark to quasars; un-manifest to
manifest; big-bangs every picosecond.

om̐ viśveśvarāya namaḥ

ॐ विश्वेश्वराय नमः ।

55) You are more powerful than a billion black holes
while being gentler than the gentlest,
non-manipulative being

om̐ vīrabhadrāya namaḥ

ॐ वीरभद्राय नमः ।

56) Your essence is non-dual one without a second,
compassionately presiding over all that can be counted
(from particles to galaxies), which have no independent
being, apart from You.

om̐ gaṇanāthāya namaḥ

ॐ गणनाथाय नमः ।

57) You are the infinite infallible father of all fathers.

om̐ prajāpataye namaḥ

ॐ प्रजापतये नमः ।

58) You are illumination, pure-awareness,
knowledge-seed of all seeds. You are infinite potency
manifest in all time-space (*now-now!*).

om̐ hiraṇyaretase namaḥ

ॐ हिरण्यरेतसे नमः ।

59) You are invincible power that has no equal.
Nothing you can gain or lose...remains fullness...same.

om̐ durdharṣāya namaḥ

ॐ दुर्धर्षाय नमः ।

60) You are the Lord of all *Vedic* words and meanings:
So rarefied the air; majestic mountain god.

om̐ giriśāya namaḥ

ॐ गिरिशाय नमः ।

61) You are the soul and spirit felt in all classical
devotional music and *Vedic* prayers.

om̐ giriśāya namaḥ

ॐ गिरिशाय नमः ।

62) You are free from guilt and hurt, ignorance and pain;
nourishment in every tear and every drop of rain.

om anaghāya namaḥ

ॐ अनघाय नमः ।

63) Your arms, adorned with venomous cobras;
unaffected, unconcerned.

om bhujāṅgabhūṣaṅāya namaḥ

ॐ भुजङ्गभूषणाय नमः ।

64) You are the fire of knowledge;
great burner of self-ignorance and all its broods.

om bhargāya namaḥ

ॐ भर्गाय नमः ।

65) You carry the venerable *dharma*-bow of integrity;
intellectual honesty. You protect those who protect *dharma*.

om giridhanvane namaḥ

ॐ गिरिधन्वने नमः ।

66) You love alone-ness; not lonely seeks. Your majesty
abides; can't hide in all these lofty mountain peaks.

om giripriyāya namaḥ

ॐ गिरिप्रियाय नमः ।

67) You sit uninvolved and unaffected on the
dead skin of all ignorance-bound life; ever alive in
death-less-ness, you-being.

om kṛttivāsase namaḥ

ॐ कृत्तिवाससे नमः ।

68) You are the beginning-less beginning of all sacred cycles.
You are the infinite giver, manifest as this given universe.

om purārātaye namaḥ

ॐ पुरारातये नमः ।

69) You are all glorified qualities in limitless measure.

om bhagavate namaḥ

ॐ भगवते नमः ।

70) You are the foremost illustrious King of kings.
You protect by blessing us with wisdom.

om pramathādhipāya namaḥ

ॐ प्रमथाधिपाय नमः ।

71) You have conquered over death
and all disease of becoming.

om mṛtyuñjayāya namaḥ

ॐ मृत्युञ्जयाय नमः ।

72) Your body is subtler and more pervasive than space. You give absolute accommodation without involvement; without the slightest resistance.

om̐ sūkṣmatanave namaḥ

ॐ सूक्ष्मतनवे नमः ।

73) By giving existence-awareness without a thought or process you pervade the whole seen-gone universe, which is simply 'forms' with 'names'.

om̐ jagadvyāpine namaḥ

ॐ जगद्वापिने नमः ।

74) You are the most venerable teacher of all teachers.

om̐ jagadgurave namaḥ

ॐ जगद्गुरवे नमः ।

75) Your hair covers all space-time.

om̐ vyomakeśāya namaḥ

ॐ व्योमकेशाय नमः ।

76) You are the leader of leaders, general of all armies; protecting *dharmic* people who protect *dharma*.

om̐ mahāsenajanakāya namaḥ

ॐ महासेनजनकाय नमः ।

77) You are the renowned in all the great accomplishments of all men at all times. You are the fame of fame; beyond all names.

om̐ cāruvikramāya namaḥ

ॐ चारुविक्रमाय नमः ।

78) You're found in tears of deepest pain, gushing forth in countless years of rain. You remove self-ignorance and all its broods. You are 'I'; crier, cried and crying; di-er, died and dying; alive in all this death, the same.

om̐ rudrāya namaḥ

ॐ रुद्राय नमः ।

79) You are the infallible father of all living beings.

om̐ bhūtapataye namaḥ

ॐ भूतपतये नमः ।

80) You are the peace and stillness; the majesty in all mountains.

om̐ sthāṇave namaḥ

ॐ स्थाणवे नमः ।

81) You are the teacher of teachers;
worshipped at the foot of the sacred tree of life.

om ahaye budhnyāya namaḥ

ॐ अहये बुध्याय नमः ।

82) Infinite space alone is your cover; coverless cover.

om digambarāya namaḥ

ॐ दिगम्बराय नमः ।

83) Your form has eight symbols;
the five elements, sun, moon and me, your devotee.

om aṣṭamūrtaye namaḥ

ॐ अष्टमूर्तये नमः ।

84) You are manifest as the notional 'I' in all
beings; you, remaining free from all concepts.

om anekātmane namaḥ

ॐ अनेकात्मने नमः ।

85) You are infinite knowledge, unqualified,
while appearing in all qualities.

om sāttvikāya namaḥ

ॐ सात्त्विकाय नमः ।

86) Your form is purity itself
which cannot become impure.

om śuddhavigrahāya namaḥ

ॐ शुद्धविग्रहाय नमः ।

87) You are timeless existence.

om śāśvatāya namaḥ

ॐ शाश्वताय नमः ।

88) You carry the thunderbolt axe
of clear discrimination.

om khaṇḍaparaśave namaḥ

ॐ खण्डपरशवे नमः ।

89) Creating everything, you remain uncreated.

om ajāya namaḥ

ॐ अजाय नमः ।

90) You are the one who frees all beings
from bondage of self-ignorance.

om pāśavimocakāya namaḥ

ॐ पाशविमोचकाय नमः ।

91) You are just softer than the softest flower.
You are all-compassion which gladdens our hearts.

om̐ mṛḍāya namaḥ

ॐ मृडाय नमः ।

92) You are the Lord of all animals.

om̐ paśupataye namaḥ

ॐ पशुपतये नमः ।

93) You are self-effulgent; light of all lights.

om̐ devāya namaḥ

ॐ देवाय नमः ।

94) You are the limitless light of all lights;
self-effulgent awareness.

om̐ mahādevāya namaḥ

ॐ महादेवाय नमः ।

95) You are changeless, timeless, being-immutable.

om̐ avyayāya namaḥ

ॐ अव्ययाय नमः ।

96) You are the remover of sorrow
and its cause, self-ignorance.

om̐ haraye namaḥ

ॐ हरये नमः ।

97) Your compassionate glance
blesses us with serenity.

om̐ bhaganetrabhide namaḥ

ॐ भगनेत्रभिदे नमः ।

98) You are not-manifest and beyond the un-manifest.

om̐ avyaktāya namaḥ

ॐ अव्यक्ताय नमः ।

99) You are the master-remover of
ignorance, suffering and death.

om̐ dakṣādhvaraharāya namaḥ

ॐ दक्षाध्वरहराय नमः ।

100) You are the remover of all guilt and hurt.

om̐ harāya namaḥ

ॐ हराय नमः ।

101) You are the sun of compassion,
giver of unconditional acceptance.

om̐ pūṣadantabhīde namaḥ

ॐ पूषदन्तभिदे नमः ।

102) You are ever in uninterrupted
contemplation of your limitless being.

om̐ avyagrāya namaḥ

ॐ अव्यग्राय नमः ।

103) Being the eye of the universe,
you are all eyes and the eye of the eye.

om̐ sahasrākṣāya namaḥ

ॐ सहस्राक्षाय नमः ।

104) You have countless feet.
All feet are your feet in which I take refuge.

om̐ sahasrapade namaḥ

ॐ सहस्रपदे नमः ।

105) You bless all devotees with *mokṣa*;
freedom from ignorance and suffering.

om̐ apavargapradāya namaḥ

ॐ अपवर्गप्रदाय नमः ।

106) Your nature is endlessness;
limitless; deathless; birth-less.

om̐ anantāya namaḥ

ॐ अनन्ताय नमः ।

107) You bless us to cross the
shoreless ocean of becoming.

om̐ tārakāya namaḥ

ॐ तारकाय नमः ।

108) You are limitless-intelligent-being manifest in
all order and disorder which is in ultimate order.

om̐ parameśvarāya namaḥ

ॐ परमेश्वराय नमः ।

om̐ tatsat iti śivanāmāvaliḥ

ॐ तत्सत् इति शिवनामावलिः ।

om̐ śāntiḥ śāntiḥ śāntiḥ

ॐ शान्तिः शान्तिः शान्तिः ॥

Tracks eight, nine & ten: Śiva-Dhyānam Mantraḥ

om namaste astu bhagavan viśveśvārya mahādevāya
tryambakāya tripurantakāya trikālāgni-kālāya
kālāgni-rudrāya nīlakaṅṭhāya mṛtyuñjayāya
sarveśvarāya sadāśivāya śrīmanmahādevāya namaḥ

ॐ नमस्ते अस्तु भगवन्विश्वेश्वराय महादेवाय त्र्यम्बकाय
त्रिपुरान्तकाय त्रिकालाग्निकालाय कालाग्निरुद्राय
नीलकण्ठाय मृत्युञ्जयाय सर्वेश्वराय सदाशिवाय
श्रीमन्महादेवाय नमः ॥

Tracks eleven, twelve & thirteen: Mṛtyūn-Jāyā Mantraḥ

om trymbakaṁyyajāmahe sugandhim puṣṭivardhanam
urvārukamiva bandhanānmṛtyormukṣīya mā'mṛāt

ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् ।
उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय मामृतात् ॥

Track fourteen: Pūrṇamadaḥ Śāntiḥ Mantraḥ

om pūrṇamadaḥ pūrṇamidaṁ pūrṇāt pūrṇamudatcyate
pūrṇasya pūrṇamādāya pūrṇamevāvaśiṣyate

om śāntiḥ śāntiḥ śāntiḥ

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

श्री स्वामी वागीशानन्द सरस्वती

Śrī Svāmī Vāgīśānanda Sarasvatī

Śrī Svāmī Vāgīśānanda Sarasvatī is a senior disciple of Pūjya Śrī Svāmī Dayānanda Sarasvatī, and has been studying and teaching *Vedānta* since 1975.

Svāmī jī was in his teens when he became fascinated with mystical poetry and non-dualistic philosophies. In 1975, at the age of 19, he left his home in the United States and traveled to India to study in a traditional *gurūkulam*. After graduating from a three-year residential course in *Vedānta* and Sanskrit, he attended four subsequent three-year courses in the United States and in India.

Using the traditional methodology called *saṁpradāya*, Svāmī Vāgīśānanda 'unlocks' the scriptures of *Vedānta*, thereby removing the veil of ignorance; the cause of all human suffering. He is a traditional *saṁnyāsī* (a renunciant who is committed to a life of knowledge and has taken a vow of non-injury). A master of the South Indian *Kṛṣṇa Yajur Veda* style of chanting, Svāmī jī travels the world teaching Sanskrit, *Vedic* chanting and *Vedānta*.

ॐ Press

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